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## Simple Monte Carlo and the Metropolis algorithm

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ABSTRACT. We study the integration of functions with respect to an unknown density. Information is available as oracle calls to the integrand and to the non-normalized density function. We are interested in analyzing the integration error of optimal algorithms (or the complexity of the problem) with emphasis on the variability of the weight function. For a corresponding large class of problem instances we show that the complexity grows linearly in the variability, and the simple Monte Carlo method provides an almost optimal algorithm. Under additional geometric restrictions (mainly log-concavity) for the density functions, we establish that a suitable adaptive local Metropolis algorithm is almost optimal and outperforms any non-adaptive algorithm.

## 1. INTRODUCTION, PROBLEM DESCRIPTION

In many applications one wants to compute an integral of the form

$$(1) \quad \int_{\Omega} f(x) \cdot c\rho(x) \mu(dx)$$

with a density  $c\rho(x)$ ,  $x \in \Omega$ , where  $c > 0$  is unknown and  $\mu$  is a probability measure. Of course we have  $1/c = \int_{\Omega} \rho(x) \mu(dx)$ , but the numerical computation of the latter integral is often as hard as the original problem (1). Therefore it is desirable to have algorithms which are able to approximately compute (1) without knowing the normalizing constant, based solely on function values of  $f$  and  $\rho$ . In other terms, these functions are given by an *oracle*, i.e., we assume that we can compute function values of  $f$  and  $\rho$ .

*Solution operator.* Assume that we are given any class  $\mathcal{F}(\Omega)$  of input data  $(f, \rho)$  defined on a set  $\Omega$ . We can rewrite the integral in (1) as

$$(2) \quad S(f, \rho) = \frac{\int f(x) \cdot \rho(x) \mu(dx)}{\int \rho(x) \mu(dx)}, \quad (f, \rho) \in \mathcal{F}(\Omega).$$

This *solution operator* is linear in  $f$  but not in  $\rho$ . We discuss algorithms for the (approximate) computation of  $S(f, \rho)$ .

**Remark 1.** This solution operator is closely related to systems in statistical mechanics, which obey a Boltzmann (or Maxwell or Gibbs) distribution, i.e., when there is a countable number  $j = 1, 2, \dots$  of microstates with energies, say  $E_j$ , and the overall system is distributed according to the Boltzmann distribution, with inverse temperature  $\beta$ , as

$$P_{\beta}(j) := \frac{e^{-\beta E_j}}{Z_{\beta}}, \quad j = 1, 2, \dots$$

In this case the normalizing constant  $Z_{\beta}$  is the *partition function*, corresponding to  $1/c$  from (1) and  $\rho^{\beta}(j) = e^{-\beta E_j}$  for  $j \in \mathbb{N}$ .

In this setup, if  $A$  is any global thermodynamic quantity, then its expected value  $\langle A \rangle_{\beta}$  is given by

$$\langle A \rangle_{\beta} := \frac{1}{Z_{\beta}} \sum_j A_j e^{-\beta E_j},$$

which can be written as  $S(A, \varrho^\beta)$ . Observe, however, that we use here slightly different assumptions since we use the counting measure on  $\mathbb{N}$ , not a probability measure.

*Randomized methods.* We consider randomized methods  $S_n$  that use  $n$  function evaluations of  $f$  and  $\varrho$ . Hence  $S_n$  is of the form as exhibited in Figure 1. In all steps,

**MC-procedure**  $S_n(f, \varrho)$

**Init:** Randomly select  $x_1 \in \Omega$  and compute  $f(x_1)$  and  $\varrho(x_1)$ ;

**Sample:** For  $i = 2, \dots, n$ : Determine  $x_i$ , depending or not depending on already computed values of  $f$  and  $\varrho$  and compute  $f(x_i)$  and  $\varrho(x_i)$ ;

**Average:** Output  $S_n(f, \varrho)$  according to some averaging procedure.

FIGURE 1. Typical randomized method

random number generators may be used to determine the consecutive node. If the nodes  $x_i$  from step **Sample** do not depend on previous values of  $f(x_1), \dots, f(x_{i-1})$  and  $\varrho(x_1), \dots, \varrho(x_{i-1})$ , then the algorithm is called *non-adaptive*, otherwise it is called *adaptive*. Specifically we analyze the procedures  $S_n^{\text{simple}}$  and  $S_n^{\text{mh}}$ , introduced in (3) and (5) below.

For more details on the model of computation we refer to [18, 19, 25]. Here we only mention the following: We use the real number model and assume that  $f$  and  $\varrho$  are given by an oracle for function values. Our lower bounds hold under very general assumptions concerning the available random number generator.<sup>1</sup> For the upper bounds we only study two algorithms in this paper, described in (3) and (5), below:

- **The simple Monte Carlo method.** It can only be applied if a random number generator for  $\mu$  on  $\Omega$  is available. We mention that the Metropolis Hastings methods can also be applied when a random number generator for  $\mu$  on  $\Omega$  is not available. Thus there are natural situations when simple Monte Carlo methods as in (3) cannot be used.
- **The Metropolis algorithm.** It is based on a suitable ball walk. Hence we need a random number generator for the uniform distribution on a (Euclidean) ball. In addition, we need a “membership oracle” for  $\Omega$ : On input  $x \in \mathbb{R}^d$  this oracle can decide with cost 1 whether  $x \in \Omega$  or not.

We shall see that simple Monte Carlo is non-adaptive, whereas the Metropolis algorithm is adaptive.

*Error criterion.* We are interested in error bounds uniformly for classes  $\mathcal{F}(\Omega)$  of input data. If  $S_n$  is any method then the (individual) error for the problem instance  $(f, \varrho) \in \mathcal{F}(\Omega)$  is given by

$$e(S_n, (f, \varrho)) = (\mathbf{E} |S(f, \varrho) - S_n(f, \varrho)|^2)^{1/2},$$

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<sup>1</sup>Observe, however, that we cannot use a random number generator for the “target distribution”  $\mu_\varrho = \varrho \cdot \mu / \|\varrho\|_1$ , since  $\varrho$  is part of the input.

where  $\mathbf{E}$  means the expectation. The overall (or worst case) error on the class  $\mathcal{F}(\Omega)$  is

$$e(S_n, \mathcal{F}(\Omega)) = \sup_{(f, \varrho) \in \mathcal{F}(\Omega)} e(S_n, (f, \varrho)).$$

The complexity of the problem is given by the error of the best algorithm, hence we let

$$e_n(\mathcal{F}(\Omega)) := \inf_{S_n} e(S_n, \mathcal{F}(\Omega)).$$

The classes  $\mathcal{F}(\Omega)$  under consideration will always contain constant densities  $\varrho = c > 0$  and all  $f$  with  $\|f\|_\infty \leq 1$ , hence

$$\mathcal{F}_1(\Omega) := \{(f, \varrho), |f(x)| \leq 1, x \in \Omega, \text{ and } \varrho = c\} \subset \mathcal{F}(\Omega).$$

On this class the problem (2) reduces to the classical integration problem for uniformly bounded functions, and it is well known that the error of any Monte Carlo method can decrease at a rate  $n^{-1/2}$ , at most. Precisely, it holds true that

$$e_n(\mathcal{F}_1(\Omega)) = \frac{1}{1 + \sqrt{n}},$$

if the probability  $\mu$  is non-atomic, see [15]. On the other hand we will only consider  $(f, \varrho)$  with  $S(f, \varrho) \in [-1, 1]$ , hence the trivial algorithm  $S_0 = 0$  always has error 1.

For the classes  $\mathcal{F}_C(\Omega)$  and  $\mathcal{F}^\alpha(\Omega)$ , which will be introduced in Section 2, we easily obtain the optimal order  $e_n(\mathcal{F}(\Omega)) \asymp n^{-1/2}$ . We will analyze how  $e_n(\mathcal{F}(\Omega))$  depends on the parameters  $C$  and  $\alpha$ , in case  $\mathcal{F}(\Omega) := \mathcal{F}_C(\Omega)$  or  $\mathcal{F}(\Omega) := \mathcal{F}^\alpha(\Omega)$ , respectively.

We discuss some of our subsequent results and provide a short outline. In Section 2 we shall specify the methods and classes of input data to be analyzed. The classes  $\mathcal{F}_C(\Omega)$ , analyzed first in Section 3, contain all densities  $\varrho$  with  $\sup \varrho / \inf \varrho \leq C$ . In typical applications we may face  $C = 10^{20}$ . Then we cannot decrease the error of optimal methods from 1 to 0.7 even with sample size  $n = 10^{15}$ , see Theorem 1 for more details. Hence the classes  $\mathcal{F}_C(\Omega)$  are so large that no algorithm, deterministic or Monte Carlo, adaptive or non-adaptive, can provide an acceptable error. We also prove that the simple (non-adaptive) Monte Carlo method is almost optimal, no sophisticated Markov chain Monte Carlo method can help.

Thus we face the question whether adaptive algorithms, such as the Metropolis algorithm, help significantly on “suitable and interesting” subclasses of  $\mathcal{F}_C(\Omega)$ . We give a positive answer for the classes  $\mathcal{F}^\alpha(\Omega)$ , analyzed in Section 4. Here we assume that  $\Omega \subset \mathbb{R}^d$  is a convex body, and that  $\mu$  is the normalized Lebesgue measure  $\mu_\Omega$  on  $\Omega$ . The class  $\mathcal{F}^\alpha(\Omega)$  contains logconcave densities, where  $\alpha$  is the Lipschitz constant of  $\log \varrho$ . We shall establish in § 4.1 that all non-adaptive methods (such as the simple Monte Carlo method) suffer from the curse of dimension, i.e., we get similar lower bounds as for the classes  $\mathcal{F}_C(\Omega)$ . However, in § 4.2 we shall design and analyze specific (adaptive) Metropolis algorithms that are based on some underlying ball walks, tuned to the class parameters. Using such algorithms we can break the curse of dimension by adaption. The main error estimate for this algorithm is given in Theorem 5, and we conclude this study with further discussion in the final Section 5.

## 2. SPECIFIC METHODS AND CLASSES OF INPUT

We consider the approximate computation of  $S(f, \varrho)$  for large classes of input data, and there is no way to compute  $S(f, \varrho)$  for these classes using deterministic algorithms; hence we only analyze randomized (or Monte Carlo) algorithms. Comparisons of different Monte Carlo methods for problems similar to (2) are frequently met in the literature. We mention [3] with a comparison of *Metropolis algorithms* and *importance sampling*, where an error expansion at any instance  $(f, \varrho)$  is given in terms of certain auto-correlations. The simple Monte Carlo method, as introduced below, is also studied there as  $\tilde{\mu}_I$  for  $\varrho = 1$ .

Monte Carlo methods are important numerical tools for integration and simulation in science and engineering, we refer to the recent special issue [5]. The Metropolis method, or more accurately, the class of *Metropolis-Hastings algorithms* ranges among the most important methods in numerical analysis and scientific computation, see [4, 21].

*Simple Monte Carlo method.* One approach to approximate  $S(f, \varrho)$  would consist in evaluating the numerator and denominator on a common independent sample according to  $\mu$ , say  $(X_1, X_2, \dots, X_n) \in \Omega^n$ , as

$$(3) \quad S_n^{\text{simple}}(f, \varrho) := \frac{\sum_{j=1}^n f(X_j) \varrho(X_j)}{\sum_{j=1}^n \varrho(X_j)}.$$

This is called the *simple Monte Carlo method*, it is non-adaptive. It can only be applied if a random number generator for  $\mu$  on  $\Omega$  is available.

*Metropolis-Hastings method.* This describes a class of Monte Carlo methods which are based on the ingenious idea to construct a Markov chain having

$$(4) \quad \mu_\varrho := \frac{\varrho \cdot \mu}{\int \varrho(x) \mu(dx)}$$

as invariant distribution without knowing the normalization. Thus, if  $(X_1, X_2, \dots, X_n)$  is a trajectory of such a Markov chain, then we let

$$(5) \quad S_n^{\text{mh}}(f, \varrho) := \frac{1}{n} \sum_{j=1}^n f(X_j).$$

We will further specify the Metropolis-Hastings algorithm for the problem at hand in Section 4.2.

We stress that the Metropolis algorithm is adaptive. It has the *Markov property*, the point  $x_k$  depends on  $x_{k-1}$  and  $\varrho(x_{k-1})$ , while the simple Monte Carlo method is non-adaptive.

The (point-wise almost sure) convergence of both methods  $S_n^{\text{simple}}(f, \varrho)$  and  $S_n^{\text{mh}}(f, \varrho)$ , as  $n \rightarrow \infty$ , is ensured by corresponding ergodic theorems, see [12]. But, as outlined above, we are interested in the uniform error on relatively large *problem classes*.

The class  $\mathcal{F}_C(\Omega)$ . Let  $\mu$  be an arbitrary probability measure on a set  $\Omega$  and consider the set

$$\mathcal{F}_C(\Omega) = \{(f, \varrho) \mid \|f\|_\infty \leq 1, \varrho > 0, \frac{\varrho(x)}{\varrho(y)} \leq C, x, y \in \Omega\}.$$

Note that necessarily  $C \geq 1$ . If  $C = 1$  then  $\varrho$  is constant and we almost face the ordinary integration problem, since  $\varrho$  can be recovered with only one function value.

In many applications the constant  $C$  is huge and we will establish that the complexity of the problem (the cost of an optimal algorithm) is linear in  $C$ . Therefore, for large  $C$ , the class is too large. We have to look for smaller classes that contain many interesting pairs  $(f, \varrho)$  and have smaller complexity.

The class  $\mathcal{F}^\alpha(\Omega)$  with log-concave densities. In many applications, we have a weight  $\varrho$  with additional properties and we assume the following:

- The set  $\Omega \subset \mathbb{R}^d$  is a *convex body*, that is a compact and convex set with nonempty interior. The probability  $\mu = \mu_\Omega$  is the normalized Lebesgue measure on the set  $\Omega$ .
- The functions  $f$  and  $\varrho$  are defined on  $\Omega$ .
- The weight  $\varrho > 0$  is log-concave, i.e.,

$$\varrho(\lambda x + (1 - \lambda)y) \geq \varrho(x)^\lambda \cdot \varrho(y)^{1-\lambda},$$

where  $x, y \in \Omega$  and  $0 < \lambda < 1$ .

- The logarithm of  $\varrho$  is Lipschitz, i.e.,  $|\log \varrho(x) - \log \varrho(y)| \leq \alpha \|x - y\|_2$ .

Thus we consider the class of log-concave weights on  $\Omega \subset \mathbb{R}^d$  given by

$$(6) \quad \mathcal{R}^\alpha(\Omega) = \{\varrho \mid \varrho > 0, \log \varrho \text{ is concave, } |\log \varrho(x) - \log \varrho(y)| \leq \alpha \|x - y\|_2\}.$$

We study the following class  $\mathcal{F}^\alpha(\Omega)$  of problem elements,

$$(7) \quad \mathcal{F}^\alpha(\Omega) = \{(f, \varrho) \mid \varrho \in \mathcal{R}^\alpha(\Omega), \|f\|_{2, \varrho} \leq 1\},$$

where  $\|\cdot\|_{2, \varrho}$  is the  $L_2$ -norm with respect to the probability measure  $\mu_\varrho$ , see (4). In some places we restrict our study to the (Euclidean) unit ball, i.e.,  $\Omega := B^d \subset \mathbb{R}^d$ .

**Remark 2.** Let  $\mathcal{R}_C(\Omega)$  be the class of weight functions that belong to  $\mathcal{F}_C(\Omega)$ . Then  $\mathcal{R}^\alpha(\Omega) \subset \mathcal{R}_C(\Omega)$  if  $C = e^{\alpha D}$ , where  $D$  is the diameter of  $\Omega$ . Thus large  $\alpha$  correspond to “exponentially large” values of  $C$ . However, the densities from the class  $\mathcal{R}^\alpha(\Omega)$  have some extra (local) properties: they are log-concave and Lipschitz continuous. These properties can be used for the construction of fast adaptive methods, via rapidly mixing Markov chains.

### 3. ANALYSIS FOR $\mathcal{F}_C(\Omega)$

We assume that  $\Omega$  is an arbitrary set and  $\mu$  is a probability measure on  $\Omega$ , and that the functions  $f$  and  $\varrho$  are defined on  $\Omega$ .

In the applications, the constant  $C$  might be very large, something like  $C = 10^{20}$  is a realistic assumption. Therefore we want to know how the complexity (the cost of optimal algorithms) depends on  $C$ . Observe that the problem is correctly normalized or scaled such that  $S(\mathcal{F}_C(\Omega)) = [-1, 1]$ , for any  $C \geq 1$ . We will prove

that the complexity of the problem is linear in  $C$ , and hence there is no way to solve the problem if  $C$  is really huge. We start with establishing a lower bound and then show that simple Monte Carlo achieves this error up to a constant.

**3.1. Lower Bounds.** Here we prove lower bounds for all (adaptive or non-adaptive) methods that use  $n$  evaluations of  $f$  and  $\varrho$ . We use the technique of Bahvalov, i.e., we study the average error of deterministic algorithms with respect to certain discrete measures on  $\mathcal{F}_C(\Omega)$ .

**Theorem 1.** *Assume that we can partition  $\Omega$  into  $2n$  disjoint sets with equal measure (equal to  $1/2n$ ). Then for any Monte Carlo method  $S_n$  that uses  $n$  values of  $f$  and  $\varrho$  we have the lower bound*

$$(8) \quad e(S_n, \mathcal{F}_C(\Omega)) \geq \frac{1}{6} \sqrt{2} \begin{cases} \sqrt{\frac{C}{2n}}, & 2n \geq C - 1, \\ \frac{3C}{C+2n-1}, & 2n < C - 1. \end{cases}$$

*Proof.* The lower bound will be obtained in two steps.

- (1) We first reduce the error analysis for Monte Carlo sampling to the average case error analysis with respect to a certain prior probability on the class  $\mathcal{F}_C(\Omega)$ . This approach is due to Bahvalov, see [2].
- (2) For the chosen prior the average case analysis can be carried out explicitly and will thus yield a lower bound.

To achieve this task let  $m := 2n$  and  $\Omega_1, \dots, \Omega_m$  the partition into sets of equal probability. Furthermore, let

$$l := \begin{cases} \lceil \frac{m}{C-1} \rceil, & m \geq C - 1, \\ 1, & \text{else.} \end{cases}$$

Denote  $J_l^m$  the set of all subsets of  $\{1, \dots, m\}$  of cardinality equal to  $l$ . Given  $I \in J_l^m$  we let

$$\begin{aligned} Q_I &:= \{f^m \mid f^m(j) \in \{+1, -1\} \text{ for } j \in I, \quad f^m(j) = 0, \text{ if } j \in I^c\}, \\ \varrho^m &:= \varrho_I^m \text{ as } \varrho^m(j) = C \text{ if } j \in I, \quad \varrho^m(j) = 1 \text{ if } j \in I^c. \end{aligned}$$

and  $\mathcal{F}_C^{m,l} := \bigcup_{I \in J_l^m} Q_I \times \{\varrho_I^m\}$ . Assigning each pair  $(f^m, \varrho^m) \in \mathcal{F}_C^{m,l}$  the pair of piecewise constant functions  $f := \sum_{j=1}^m f_j^m \chi_{\Omega_j}$  and  $\varrho := \sum_{j=1}^m \varrho_j^m \chi_{\Omega_j}$ , we can identify  $\mathcal{F}_C^{m,l}$  with a subset of  $\mathcal{F}_C(\Omega)$ .

Finally we introduce by  $\mu_{m,l}$  the probability on  $\mathcal{F}_C^{m,l}$ , which randomly chooses a subset  $I \in J_l^m$  and then randomly (equally probably) assigns signs  $\pm 1$  to  $f^m(j)$  for  $j \in I$ . Let us denote

$$(9) \quad e_n^{avg}(\mathcal{F}_C(\Omega)) := \inf_{q \in \mathcal{Q}_n} (\mathbf{E}_{m,l} |S(f, \varrho) - q(f, \varrho)|^2)^{1/2},$$

where the inf is taken with respect to any (possibly adaptive) deterministic algorithm which uses at most  $n$  values from  $f$  and  $\varrho$ , respectively, and  $\mathbf{E}_{m,l}$  denotes the expectation with respect to the prior  $\mu_{m,l}$ .



For any Monte Carlo method  $S_n$  we have the relation

$$(10) \quad e(S_n, \mathcal{F}_C(\Omega)) \geq e_n^{avg}(\mathcal{F}_C(\Omega)).$$

We provide a lower bound for  $e_n^{avg}(\mathcal{F}_C(\Omega))^2$ . To this end note that for each realization  $(f^m, \varrho^m)$  the integral  $\int \varrho d\mu$  is constant. In the first case  $m \geq C - 1$ , and we can bound the integral by the choice of  $l$  as

$$(11) \quad c_{m,l} := \int \varrho(\omega) \mu(d\omega) = \frac{1}{m} (lC + (m-l)1) \leq 3.$$

In the other case  $m < C - 1$ , we obtain  $c_{m,1} = (C - 1 + m)/m$ . Now, to analyze the average case error, let  $q_n$  be any (deterministic) method. Then we conclude

$$\mathbf{E}_{m,l} |S(f, \varrho) - q_n(f, \varrho)|^2 = \frac{1}{\binom{m}{l}} \sum_{I \in J_l^m} \mathbf{E}_{m,l} \left( \left| \frac{C}{m c_{m,l}} \sum_{j \in I} f_j^m - q_n(f^m, \varrho^m) \right|^2 / I \right),$$

where the expectation on the right is the conditional expectation, i.e., when  $I$  is fixed. This depends on the overlap between  $N \subset \{1, \dots, m\}$  the set of nodes which is used by  $q_n$  and  $I$  which may vary between 0 and  $l$ . Further note that, given  $I$ , the random variables

$$\frac{C}{m c_{m,l}} \sum_{j \in I \setminus N} f_j^m \quad \text{and} \quad \frac{C}{m c_{m,l}} \sum_{j \in I \cap N} f_j^m - q_n(f^m, \varrho^m)$$

are orthogonal, such that we can bound ( $k$  being the random cardinality  $\#(I \setminus N)$ )

$$\begin{aligned} \mathbf{E}_{m,l} |S(f, \varrho) - q_n(f, \varrho)|^2 &\geq \frac{1}{\binom{m}{l}} \sum_{I \in J_l^m} \mathbf{E}_{m,l} \left( \left| \frac{C}{m c_{m,l}} \sum_{j \in I \setminus N} f_j^m \right|^2 / I \right) \\ &= \frac{C^2}{m^2 c_{m,l}^2} \sum_{k=0}^l k P(\#(I \setminus N) = k) \\ &= \frac{C^2}{m^2 c_{m,l}^2} \sum_{k=0}^l k \frac{\binom{n}{l-k} \binom{m-n}{k}}{\binom{m}{l}} = \frac{C^2}{m^2 c_{m,l}^2} \frac{(m-n)l}{m}, \end{aligned}$$

where we used the definition of the binomials to evaluate the sum on the right. Overall we obtain

$$(12) \quad \mathbf{E}_{m,l} |S(f, \varrho) - q_n(f, \varrho)|^2 \geq \frac{C^2}{m^2 c_{m,l}^2} \frac{(m-n)l}{m} = \frac{C^2 l}{2 c_{m,l}^2 m^2}.$$

In the case  $m \geq C - 1$  we obtain  $l \geq m/C$  and have  $c_{m,l} \leq 3$ , such that

$$\mathbf{E}_{m,l} |S(f, \varrho) - q_n(f, \varrho)|^2 \geq \frac{C}{36n},$$

which in turn yields the first case bound in (8). In the other case  $m < C - 1$  the value of  $l = 1$  yields the second bound in (8).  $\square$

**3.2. The error of the simple Monte Carlo method.** The direct approach to evaluate (1) would be to use the method  $S_n^{\text{simple}}$  from (3). We will prove an upper bound for the error of this method, and we start with the following

**Lemma 1.** *If the function  $\varrho$  obeys the requirements in  $\mathcal{F}_C(\Omega)$ , then*

- (1)  $0 < \inf_{x \in \Omega} \varrho(x) \leq \sup_{x \in \Omega} \varrho(x) < \infty$ .
- (2) *For every probability measure  $\mu$  on  $\Omega$  we have  $\|\varrho\|_{2,\mu} \leq \sqrt{C} \|\varrho\|_{1,\mu}$ .*

*Proof.* To prove the first assertion, fix any  $y_0 \in \Omega$ . Then the assumption on  $\varrho$  yields  $\varrho(x) \leq C\varrho(y_0)$ , and reversing the roles of  $x$  and  $y$  also the lower bound. Now both, the assumption on  $\varrho$  as well as the second assertion, are invariant with respect to multiplication of  $\varrho$  by a constant. In the light of the first assertion we may and do assume that  $1 \leq \varrho(x) \leq C$ ,  $x \in \Omega$ , and we derive, using  $1 \leq \int_{\Omega} \varrho(x) \mu(dx)$ , that

$$\int_{\Omega} \varrho^2(x) \mu(dx) \leq C \int_{\Omega} \varrho(x) \mu(dx) \leq C \left( \int_{\Omega} \varrho(x) \mu(dx) \right)^2,$$

completing the proof of the second assertion and of the lemma.  $\square$

We turn to the bound for the simple Monte Carlo method.

**Theorem 2.** *For all  $n \in \mathbb{N}$  we have*

$$(13) \quad e(S_n^{\text{simple}}, \mathcal{F}_C(\Omega)) \leq 2 \min \left\{ 1, \sqrt{\frac{C}{n}} \right\}.$$

*Proof.* The upper bound 2 is trivial, it even holds deterministically. Fix any pair  $(f, \varrho)$  of input. For any sample  $(X_1, \dots, X_n)$  and function  $g$  we denote the sample mean by  $S_n^{\text{mean}}(g) := 1/n \sum_{j=1}^n g(X_j)$ . It is well known that  $e(S_n^{\text{mean}}, g) \leq \|g\|_2 / \sqrt{n}$ . With this notation we can bound

$$\begin{aligned} |S(f, \varrho) - S_n^{\text{simple}}(f, \varrho)| &\leq \left| S(f, \varrho) - \frac{S_n^{\text{mean}}(f\varrho)}{\int \varrho(x)\mu(dx)} \right| + \left| \frac{S_n^{\text{mean}}(f\varrho)}{\int \varrho(x)\mu(dx)} - \frac{S_n^{\text{mean}}(f\varrho)}{S_n^{\text{mean}}(\varrho)} \right| \\ &\leq \frac{1}{\|\varrho\|_1} \left( \left| \int f(x)\varrho(x)\mu(dx) - S_n^{\text{mean}}(f\varrho) \right| + \left| \frac{S_n^{\text{mean}}(f\varrho)}{S_n^{\text{mean}}(\varrho)} \right| \left| \int \varrho(x)\mu(dx) - S_n^{\text{mean}}(\varrho) \right| \right) \\ &\leq \frac{1}{\|\varrho\|_1} \left( \left| \int f(x)\varrho(x)\mu(dx) - S_n^{\text{mean}}(f\varrho) \right| + \|f\|_{\infty} \left| \int \varrho(x)\mu(dx) - S_n^{\text{mean}}(\varrho) \right| \right), \end{aligned}$$

where we used  $|S_n^{\text{mean}}(f\varrho)/S_n^{\text{mean}}(\varrho)| \leq \|f\|_{\infty}$ , which holds true since the numerator and denominator use the same sample. This yields the following error bound

$$\begin{aligned} e_n(S_n^{\text{simple}}, \mathcal{F}_C(\Omega)) &\leq \frac{1}{\|\varrho\|_1} (e(S_n^{\text{mean}}, f\varrho) + \|f\|_{\infty} e(S_n^{\text{mean}}, \varrho)) \\ &\leq \frac{1}{\|\varrho\|_1 \sqrt{n}} (\|f\varrho\|_2 + \|f\|_{\infty} \|\varrho\|_2) \leq \frac{2\|f\|_{\infty} \|\varrho\|_2}{\sqrt{n} \|\varrho\|_1} \leq \frac{2\sqrt{C}}{\sqrt{n}}, \end{aligned}$$

where we use Lemma 1. The proof is complete.  $\square$

#### 4. ANALYSIS FOR $\mathcal{F}^\alpha(\Omega)$

In this section we impose restrictions on the input data, in particular on the density, in order to improve the complexity. This class is still large enough to contain many important situations. Monte Carlo methods for problems when the target (invariant) distribution is log-concave proved to be important in many studies, we refer to [8]. One of the main intrinsic features of such classes of distributions are *isoperimetric inequalities*, see [1, 11], which will also be used here in the form as used in [27]. Recall that here we always require that  $\Omega \subset \mathbb{R}^d$  is a convex body, as introduced in Section 2.

We start with a lower bound for all non-adaptive algorithms to exhibit that simple Monte Carlo cannot take into account the additional structure of the underlying class of input data and adaptive methods should be used. This bound, together with Theorem 5, will show that adaptive methods can outperform any non-adaptive method, if we consider  $S$  on  $\mathcal{F}^\alpha(B^d)$ . Indeed, we also show that specific Metropolis algorithms, based on local underlying Markov chains are suited for this problem class.

**4.1. A lower bound for non-adaptive methods.** Here we prove a lower bound for all non-adaptive methods (hence in particular for the simple Monte Carlo method) for the problem on the classes  $\mathcal{F}^\alpha(\Omega)$ . Again, this lower bound will use Bahvalov's technique.

We start with a result on sphere packings. The Minkowski-Hlawka theorem, see [23], says that the density of the densest sphere packing in  $\mathbb{R}^d$  is at least  $\zeta(d) \cdot 2^{1-d} \geq 2^{1-d}$ . It is also known, see [9], that the density (by definition of the whole  $\mathbb{R}^d$ ) can be replaced by the density within a convex body  $\Omega$ , as long as the radius  $r$  of the spheres tends to zero. Hence we obtain the following result.

**Lemma 2.** *There is  $n_\Omega \in \mathbb{N}$  such that for all  $m \geq n_\Omega$  there are points  $y_1, \dots, y_m \in \Omega$  such that with*

$$r := r(\Omega, m) := 2^{-1} m^{-1/d} \left( \frac{\lambda^d(\Omega)}{\lambda^d(B^d)} \right)^{1/d}$$

*the closed balls  $B_i := B(y_i, r) \subset \Omega$  are disjoint.*

Our construction will use such points  $y_1, \dots, y_m \in \Omega$  and the corresponding balls  $B_1, \dots, B_m$  as follows.

For  $i \in \{1, \dots, m\}$  we assign

$$\begin{aligned} \varrho_i(y) &:= c_i \exp(-\alpha \|y - y_i\|_2), \quad y \in \Omega \quad \text{and} \\ f_i(y) &:= \tilde{c}_i \chi_{B_i}(y), \quad y \in \Omega, \end{aligned}$$

with constants  $c_i$  and  $\tilde{c}_i$  chosen such that

$$\begin{aligned} 1 &= \int_{\Omega} \varrho_i(y) dy = c_i \int_{\Omega} \exp(-\alpha \|y - y_i\|) dy \quad \text{and} \\ 1 &= \|f_i\|_{2, \varrho_i} = \tilde{c}_i^2 c_i \int_{B_i} \exp(-\alpha \|y - y_i\|) dy. \end{aligned}$$

The corresponding values of the mapping  $S$  are computed as

$$\begin{aligned}
(14) \quad S(f_i, \varrho_i) &= \int_{\Omega} f_i \varrho_i \, dy = \tilde{c}_i c_i \int_{B_i} \exp(-\alpha \|y - y_i\|) \, dy \\
&= \left( c_i \int_{B_i} \exp(-\alpha \|y - y_i\|) \, dy \right)^{1/2} = \left( c_i \int_{B(0,r)} \exp(-\alpha \|y\|) \, dy \right)^{1/2} \\
&= \left( \frac{\int_{B(0,r)} \exp(-\alpha \|y\|) \, dy}{\int_{\Omega} \exp(-\alpha \|y - y_i\|) \, dy} \right)^{1/2}.
\end{aligned}$$

Again we turn to the average case setting, this time with probability measure  $\mu^{2n}$  being the equidistribution on the set

$$\mathcal{F}^{2n} := \{(\varepsilon_i f_i, \varrho_i), \quad i = 1, \dots, 2n, \varepsilon_i = \pm 1\} \subset \mathcal{F}^\alpha(\Omega).$$

Similar to (10) we have for any non-adaptive Monte Carlo method  $S_n(f, \varrho)$  the relation

$$e(S_n, \mathcal{F}^\alpha(\Omega)) \geq \min \{e^{avg}(q_n, \mu^{2n}), \quad q_n \text{ is deterministic and non-adaptive}\},$$

where  $e^{avg}(q_n, \mu^{2n})$  denotes the average case error of the deterministic non-adaptive method  $q_n$  with respect to the probability  $\mu^{2n}$ . Thus let  $q_n$  be any non-adaptive (deterministic) algorithm for  $S$  on the class  $\mathcal{F}^\alpha(\Omega)$  that uses at most  $n$  values.

The average case error can then be bounded from below as

$$\begin{aligned}
\mathbf{E}_{\mu^{2n}} |S(f, \varrho) - q_n(f, \varrho)|^2 &= \frac{1}{2n} \sum_{i=1}^{2n} \mathbf{E}_\varepsilon |S(\varepsilon_i f_i, \varrho_i) - q_n(\varepsilon_i f_i, \varrho_i)|^2 \\
&\geq \frac{1}{2} \min_{i=1, \dots, 2n} \mathbf{E}_\varepsilon |S(\varepsilon_i f_i, \varrho_i)|^2 \geq \frac{1}{2} \min_{i=1, \dots, 2n} S(f_i, \varrho_i)^2,
\end{aligned}$$

such that together with (14) we obtain

$$e(S_n, \mathcal{F}^\alpha(\Omega)) \geq \frac{1}{2} \sqrt{2} \min_{i=1, \dots, 2n} \left( \frac{\int_{B(0,r)} \exp(-\alpha \|y\|) \, dy}{\int_{\Omega} \exp(-\alpha \|y - y_i\|) \, dy} \right)^{1/2}.$$

We bound the numerator from below and the denominator from above. For  $\alpha r \leq \log 2$  we can bound

$$\int_{B(0,r)} \exp(-\alpha \|y\|) \, dy \geq \frac{1}{2} \text{vol}(B(0, r)) = \frac{1}{2} r^d \text{vol}(B^d).$$

For the denominator we have, letting temporarily  $\bar{\alpha} := \max\{\alpha, 1\}$ , that

$$\begin{aligned}
\int_{\Omega} \exp(-\alpha \|y - y_i\|) \, dy &\leq \int_{\mathbb{R}^d} \exp(-\bar{\alpha} \|y - y_i\|) \, dy \\
&= \bar{\alpha}^{-d} \int_{\mathbb{R}^d} \exp(-\|y\|) \, dy = \bar{\alpha}^{-d} \Gamma(d) \text{vol} \partial B^d,
\end{aligned}$$

such that we finally obtain, using the well known formula  $\text{vol}(\partial B^d) = d \text{vol}(B^d)$ , that

$$e(S_n, \mathcal{F}^\alpha(\Omega)) \geq \frac{1}{2} \sqrt{2} \left( \frac{\bar{\alpha}^d r^d}{2d!} \right)^{1/2} = \frac{1}{2} \left( \frac{\bar{\alpha}^d r^d}{d!} \right)^{1/2}.$$

Using the value for  $r = r(\Omega, 2n)$  from Lemma 2 we end up with

**Theorem 3.** *Assume that  $S_n$  is any non-adaptive Monte Carlo method for the class  $\mathcal{F}^\alpha(\Omega)$ . Then, with  $n_\Omega$  from Lemma 2, we have for all  $2n \geq \max \{n_\Omega, (\alpha/\log 4)^d\}$  that*

$$(15) \quad e(S_n, \mathcal{F}^\alpha(\Omega)) \geq \frac{1}{2\sqrt{d!}} \left( \max \left\{ \frac{\alpha}{2}, \frac{1}{2} \right\} \right)^{d/2} \cdot \left( \frac{\lambda^d(\Omega)}{\lambda^d(B^d)} \right)^{1/2} \cdot n^{-1/2}.$$

**Remark 3.** We stress that in the above reasoning we essentially used the non-adaptivity of the method  $S_n$ . Indeed, if  $S_n$  were adaptive, then by just one appropriate function value  $\varrho(x)$ , we could identify the index  $i$ , since the functions  $\varrho_i$  are global. Then, knowing  $i$ , we could ask for the value of  $\varepsilon_i$  and would obtain the exact solution to  $S(f, \varrho)$  for this small class  $\mathcal{F}^{2n}$  for all  $n \geq 2$ .

**4.2. Metropolis method with local underlying walk.** The Metropolis algorithm we consider is based on a specific ball walk and this version is sometimes called *ball walk with Metropolis filter*, see [27]. Two concepts from the theory of Markov chains turn out to be important, reversibility and uniform ergodicity. We recall these notions briefly, see [22] for further details. A Markov chain  $(K, \pi)$  is *reversible with respect to  $\pi$* , if for all measurable subsets  $A, B \subset \Omega$  the balance

$$(16) \quad \int_A K(x, B)\pi(dx) = \int_B K(x, A)\pi(dx)$$

holds true. Notice that in this case necessarily  $\pi$  is an invariant distribution.

A Markov chain is *uniformly ergodic* if there are  $n_0 \in \mathbb{N}$ , a constant  $c > 0$  and a probability measure  $\nu$  on  $\Omega$  such that

$$(17) \quad K^{n_0}(x, A) \geq c\nu(A), \quad \text{for all } A \subset \Omega \text{ and } x \in \Omega.$$

Markov chains which are uniformly ergodic have a unique invariant probability distribution.

Our analysis will be based on conductance arguments and we recall the basic notions, see [10, 14]. If  $(K, \pi)$  is a Markov chain with transition kernel  $K$  and invariant distribution  $\pi$  then we assign the

- (1) *local conductance* at  $x \in \Omega$  by  $l_K(x) := K(x, \Omega \setminus \{x\})$ ,
- (2) and the *conductance* as

$$(18) \quad \varphi(K, \pi) := \inf_{0 < \pi(A) < 1} \frac{\int_A K(x, A^c)\pi(dx)}{\min \{\pi(A), \pi(A^c)\}},$$

where  $A^c = \Omega \setminus A$ .

Below we call  $l > 0$  a *lower bound for the local conductance*, if  $l_K(x) \geq l$  for all  $x \in \Omega$ .

*The ball walk and some of its properties.* Here we gather some properties of the ball walk, see [14, 27], which will serve as ingredients for the analysis of Metropolis chains using this as the underlying proposal. In particular we prove that on convex

bodies in  $\mathbb{R}^d$  the ball walk is uniformly ergodic and we bound its conductance from below, in terms of bounds  $l > 0$  for the local conductance.

We abbreviate  $B(0, \delta) = \delta B^d$ . Let  $Q_\delta$  be the transition kernel of a local random walk having transitions within  $\delta$ -balls of its current position, i.e., we let

$$(19) \quad Q_\delta(x, \{x\}) := 1 - \frac{\text{vol}(B(x, \delta) \cap \Omega)}{\text{vol}(\delta B^d)},$$

and

$$(20) \quad Q_\delta(x, A) := \begin{cases} \frac{\text{vol}(B(x, \delta) \cap A)}{\text{vol}(\delta B^d)}, & A \subset \Omega \text{ and } x \notin A, \\ Q_\delta(x, A \setminus \{x\}) + Q_\delta(x, \{x\}), & A \subset \Omega \text{ and } x \in A. \end{cases}$$

Schematically, the transition kernel may be viewed as in Figure 2. Clearly we may

**ball-walk-step**  $(x, \delta)$

**Choose:** Choose  $y \in B(x, \delta)$  uniformly;

**Accept:** If  $y \in \Omega$  return  $y$ ; else return  $x$ .

FIGURE 2. One-step transition of the ball walk

restrict to  $\delta \leq D$ , the diameter of  $\Omega$ . The following observation is important and explains why we restrict ourselves to convex bodies..

**Lemma 3.** *If  $\Omega \subset \mathbb{R}^d$  is a convex body, then the ball walk  $Q_\delta$  has a (non-trivial) lower bound  $l > 0$  for the local conductance.*

*Proof.* It is well-known that convex bodies satisfy the cone condition (see [7, § 3.2, Lemma 3]). Therefore we obtain that for each  $\delta > 0$  there is  $l > 0$  such that for each  $x \in \Omega$  we have  $l_{Q_\delta}(x) \geq l$ .  $\square$

**Remark 4.** Observe however, that  $l$  might be very small. For  $\Omega = [0, 1]^d$ , for example, we get  $l = 2^{-d}$ , even if  $\delta$  is very small. In contrast, we will see that a large  $l$  is possible for  $\Omega = B^d$  and  $\delta \leq 1/\sqrt{d+1}$ , see Lemma 6.

Notice that  $l_{Q_\delta}(x) = \text{vol}(B(x, \delta) \cap \Omega)/\text{vol}(\delta B^d)$ , hence in the following we use the inequality

$$(21) \quad \text{vol}(B(x, \delta) \cap \Omega) \geq l \text{vol}(\delta B^d),$$

where  $l > 0$  is a lower bound for the local conductance of the ball walk.

The following result is *folklore*, but for a lack of reference we sketch a proof.

**Proposition 1.** *The ball walk  $Q_\delta$  is reversible with respect to the uniform distribution  $\mu_\Omega$  and uniformly ergodic.*

The crucial tool for proving this is provided by the notion of small and petite sets, where we refer to [17, Sect. 5.2 & 5.5] for details and properties. We recall that a (measurable) subset  $C \subset \Omega$  is *small* (for  $Q_\delta$ ), if there are  $n_0 \in \mathbb{N}$ ,  $\varepsilon > 0$  and a probability measure  $\nu$  on  $\Omega$  such that

$$(22) \quad Q_\delta^{n_0}(y, A) \geq \varepsilon \nu(A), \quad A \subset \Omega, \quad y \in C.$$

We first show that certain balls are small.

**Lemma 4.** *The sets  $B(x, \delta/2) \cap \Omega$ ,  $x \in \Omega$  are small for  $Q_\delta$ .*

*Proof.* First, we note that  $y \in B(x, \delta/2)$  implies  $B(x, \delta/2) \subset B(y, \delta)$ . Let  $l > 0$  be a lower bound for the local conductance of  $Q_{\delta/2}$ . Using (21) for  $Q_{\delta/2}$ , we obtain for any set  $A \subset \Omega$  that

$$\begin{aligned} Q_\delta(y, A) &\geq Q_\delta(y, A \setminus \{x\}) = \frac{\text{vol}(B(y, \delta) \cap A)}{\text{vol}(B(y, \delta))} \geq 2^{-d} \frac{\text{vol}(B(x, \delta/2) \cap A)}{\text{vol}(\delta/2 B^d)} \\ &\geq l \cdot 2^{-d} \frac{\text{vol}(A \cap B(x, \delta/2) \cap \Omega)}{\text{vol}(B(x, \delta/2) \cap \Omega)}. \end{aligned}$$

Hence estimate (22) holds true with  $n_0 := 1$ ,  $\varepsilon := l \cdot 2^{-d}$  and

$$\nu(A) := \frac{\text{vol}(A \cap B(x, \delta/2) \cap \Omega)}{\text{vol}(B(x, \delta/2) \cap \Omega)}, \quad A \subset \Omega.$$

This completes the proof. □

*Proof of Proposition 1.* We first prove reversibility with respect to  $\mu_\Omega$ . Notice that it is enough to verify (16) for disjoint sets  $A, B \subset \Omega$ . Furthermore we observe that for any pair  $A, B \subset \Omega$  of measurable subsets the characteristic function of the set

$$\{(x, y) \in \Omega \times \Omega, \quad x \in A, \quad y \in B, \quad \|x - y\| \leq \delta\}$$

can equivalently be rewritten as

$$\chi_B(y) \chi_{B(x, \delta) \cap A}(x) \quad \text{or} \quad \chi_A(x) \chi_{B(x, \delta) \cap B}(y).$$

Hence, letting temporarily  $c := \text{vol}(\Omega) \text{vol}(\delta B^d)$  we obtain

$$\begin{aligned} \int_A Q_\delta(x, B) \mu_\Omega(dx) &= \frac{1}{c} \int_A \text{vol}(B(x, \delta) \cap B) dx \\ &= \frac{1}{c} \int_\Omega \int_\Omega \chi_A(x) \chi_{B(x, \delta) \cap B}(y) dy dx \\ &= \frac{1}{c} \int_\Omega \int_\Omega \chi_B(y) \chi_{B(y, \delta) \cap A}(x) dx dy = \int_B Q_\delta(y, A) \mu_\Omega(dy), \end{aligned}$$

proving reversibility.

By Lemma 4 each set  $B(x, \delta/2) \cap \Omega$  is small, thus also petite. Petitness is inherited by taking finite unions. Since  $\Omega$ , being compact, can be covered by finitely many sets  $B(x, \delta/2) \cap \Omega$ , this implies that  $\Omega$  is petite. By [17, Thm. 16.2.2] this yields uniform ergodicity of the ball walk (see [17, Thm. 16.0.2(v)]). □

We mention the following conductance bound of the ball walk, which is a slight improvement of [27, Thm. 5.2]. This will be a special case of Theorem 4, below, and we omit the proof.

**Proposition 2.** *Let  $(Q_\delta, \mu_\Omega)$  be the ball walk from above, and let  $\varphi(Q_\delta, \mu_\Omega)$  be its conductance. Let  $D$  be the diameter of  $\Omega$  and let  $l$  be a lower bound for the local*

conductance. Then

$$(23) \quad \varphi(Q_\delta, \mu_\Omega) \geq \sqrt{\frac{\pi}{2}} \frac{l^2 \delta}{8D\sqrt{d+1}}.$$

The local conductance may be arbitrarily small if the domain  $\Omega$  has sharp corners. For specific sets  $\Omega$  we can explicitly provide lower bounds for the local conductance, and this will be used in the later convergence analysis. In the following we mainly discuss the case  $\Omega = B^d$ .

We start with a technical result, related to the Gamma function on  $\mathbb{R}^+$ . We use the well-known formula

$$(24) \quad \text{vol}(B^d) = \pi^{d/2} / \Gamma(d/2 + 1).$$

**Lemma 5.** *For any  $z > 0$  we have*

$$(25) \quad \frac{\Gamma(z + 1/2)}{\Gamma(z)} \leq \sqrt{z}.$$

Consequently,

$$(26) \quad \frac{\text{vol}(B^{d-1})}{\text{vol}(B^d)} \leq \sqrt{\frac{d+1}{2\pi}}.$$

*Proof.* By [6, Chapt. VII, Eq. (11)] we know that the function  $z \mapsto \log \Gamma(z)$  is convex for  $z > 0$ . Thus we conclude

$$\begin{aligned} \log \Gamma(z + 1/2) &\leq \frac{1}{2} (\log \Gamma(z + 1) + \log \Gamma(z)) \\ &= \frac{1}{2} (\log z + 2 \log \Gamma(z)) = \log \sqrt{z} + \log \Gamma(z), \end{aligned}$$

from which the proof of assertion (25) can be completed. Using the representation for the volume from (24) and applying the above bound with  $z := (d + 1)/2$  we obtain

$$\frac{\text{vol}(B^{d-1})}{\text{vol}(B^d)} \leq \frac{\Gamma(d/2 + 1)}{\sqrt{\pi} \Gamma((d + 1)/2)} \leq \sqrt{\frac{d+1}{2\pi}},$$

and the proof is complete.  $\square$

Using Lemma 5, we can prove the following lower bound for the local conductance of the ball walk on  $B^d$ .

**Lemma 6.** *Let  $(Q_\delta, \mu_\Omega)$  be the local ball walk on  $B^d \subset \mathbb{R}^d$ . If  $\delta \leq 1/\sqrt{d+1}$ , then its local conductance obeys  $l \geq 0.3$ .*

*Proof.* The proof is based on some geometric reasoning. It is clear that the local conductance  $l(x)$  is minimal for points  $x$  at the boundary of  $B^d$ , and in this case its value equals the portion, say  $\tilde{V}$ , of the volume of  $B(x, \delta)$  inside  $B^d$ . If  $H$  is the hyperplane at  $x$  to  $B^d$ , then this cuts off  $B(x, \delta)$  exactly one half of its volume. Thus we let  $Z(h)$  be the cylinder with base being the  $(d - 1)$ -ball around  $x$  in the hyperplane  $H$  of radius  $\delta$ . Its height  $h$  is the distance of  $H$  to the hyperplane determined by the intersection of  $B^d \cap B(x, \delta)$ . This height  $h$  is exactly determined from the quotient  $h/\delta = \delta/2$ , by similarity, hence  $h := \delta^2/2$ . By construction we have



$\tilde{V} \geq 1/2 - \text{vol}(Z(h))/\text{vol}(B(x, \delta))$  and we can lower bound the local conductance  $l(x)$  by

$$l(x) \geq \frac{1}{2} - \frac{\text{vol}(Z(h))}{\text{vol}(B(x, \delta))}.$$

We can evaluate  $\text{vol}(Z(h))$  as  $\text{vol}(Z(h)) = h\delta^{d-1} \text{vol}(B^{d-1})$ , and we obtain

$$l(x) \geq \frac{1}{2} - \frac{\delta^{d+1} \text{vol}(B^{d-1})}{2\delta^d \text{vol}(B^d)} = \frac{1}{2} \left( 1 - \frac{\delta \text{vol}(B^{d-1})}{\text{vol}(B^d)} \right).$$

The bound (26) from Lemma 5 implies

$$l(x) \geq \frac{1}{2} \left( 1 - \frac{\delta\sqrt{d+1}}{\sqrt{2\pi}} \right).$$

For  $\delta \leq 1/(\sqrt{d+1})$  we get  $l(x) \geq 1/2(1 - 1/\sqrt{2\pi}) \geq 0.3$ , completing the proof.  $\square$

We close this subsection with the following technical lemma, which can be extracted from the unpublished seminar note [26]. For the convenience of the reader we present its proof. In addition we will slightly improve the statement.

**Lemma 7.** *Let  $l > 0$  be a lower bound for the local conductance of the ball walk  $(Q_\delta, \mu_\Omega)$ . For any  $0 < t < l$  and any set  $A \subset \Omega$  with related sets*

$$(27) \quad A_1 := \left\{ x \in A, \quad Q_\delta(x, A^c) < \frac{l-t}{2} \right\} \subset A$$

$$(28) \quad A_2 := \left\{ y \in A^c, \quad Q_\delta(y, A) < \frac{l-t}{2} \right\} \subset A^c,$$

we have  $d(A_1, A_2) > t\delta\sqrt{2\pi}/(d+1)$ .

For its proof we need the following

**Lemma 8.** *Let  $\delta > 0$ . If  $x, y \in \mathbb{R}^d$  are two points with distance  $t\delta\sqrt{2\pi}/(d+1)$  at most, then*

$$(29) \quad \text{vol}(B(x, \delta) \cap B(y, \delta)) \geq (1-t) \text{vol}(\delta B^d).$$

*Proof.* Let  $u := \|x - y\|_2$ . If  $u < \delta$  then the volume of the intersection of  $B(x, \delta)$  and  $B(y, \delta)$  is exactly the same as the volume of the ball  $\delta B^d$  minus the volume of the middle slice with distance  $u$  as thickness. The volume of this slice is bounded from above by the volume of the cylinder with base  $\delta B^{d-1}$  and thickness  $u$ . Thus we obtain

$$\text{vol}(B(x, \delta) \cap B(y, \delta)) \geq \text{vol}(\delta B^d) - u \text{vol}(\delta B^{d-1}) = \text{vol}(\delta B^d) \left( 1 - u \frac{\text{vol}(\delta B^{d-1})}{\text{vol}(\delta B^d)} \right).$$

Applying Lemma 5 we obtain

$$\frac{\text{vol}(\delta B^{d-1})}{\text{vol}(\delta B^d)} = \frac{\text{vol}(B^{d-1})}{\delta \text{vol}(B^d)} \leq \frac{1}{\delta} \sqrt{\frac{d+1}{2\pi}},$$

thus by the choice of  $u \leq \sqrt{2\pi t\delta}/\sqrt{d+1}$  we conclude that

$$u \frac{\text{vol}(\delta B^{d-1})}{\text{vol}(\delta B^d)} \leq \frac{\sqrt{2\pi t\delta}\sqrt{d+1}}{\delta\sqrt{2\pi}\sqrt{d+1}} \leq t,$$

and the proof is complete.  $\square$

We turn to the

*Proof of Lemma 7.* Let  $x \in A_1$  and  $y \in A_2$  be in  $\Omega$ , and suppose that their distance is at most  $t\delta\sqrt{2\pi}/(d+1)$ . Simple set theoretic reasoning shows that

$$\begin{aligned} \text{vol}(B(x, \delta) \cap B(y, \delta) \cap \Omega) &\geq \text{vol}(B(x, \delta) \cap \Omega) - \text{vol}(B(x, \delta) \setminus B(y, \delta)) \\ &\geq \text{vol}(B(x, \delta) \cap \Omega) - \text{vol}(B(x, \delta) \setminus (B(x, \delta) \cap B(y, \delta))) \\ &= \text{vol}(B(x, \delta) \cap \Omega) - \text{vol}(\delta B^d) + \text{vol}(B(x, \delta) \cap B(y, \delta)). \end{aligned}$$

Since  $l$  is a lower bound for the conductance  $l(x)$  we have that

$$\text{vol}(B(x, \delta) \cap \Omega) \geq l \text{vol}(B(x, \delta)) = l \text{vol}(\delta B^d).$$

Taking this into account and using (29) we end up with

$$\begin{aligned} \text{vol}(B(x, \delta) \cap B(y, \delta) \cap \Omega) &\geq l \text{vol}(\delta B^d) - \text{vol}(\delta B^d) + (1-t) \text{vol}(\delta B^d) \\ &= (l-t) \text{vol}(\delta B^d). \end{aligned}$$

In probabilistic terms this rewrites as  $Q_\delta(x, B(x, \delta) \cap B(y, \delta) \cap \Omega) \geq l-t$ , and similarly  $Q_\delta(y, B(x, \delta) \cap B(y, \delta) \cap \Omega) \geq l-t$ . Now, if  $A \subset \Omega$  is any measurable subset with complement  $A^c$  then for  $x \in A$  and  $y \in A^c$  we obtain

$$B(x, \delta) \cap B(y, \delta) \cap \Omega \subset (B(x, \delta) \cap A \cap \Omega) \cup (B(y, \delta) \cap A^c \cap \Omega),$$

which in turn yields  $Q_\delta(x, A) + Q_\delta(y, A^c) \geq l-t$ , but this contradicts the definition of the sets  $A_1$  and  $A_2$ . Hence any two points from  $A_1$  and  $A_2$ , respectively, must have distance larger than  $t\delta\sqrt{2\pi}/(d+1)$ , and the proof is complete.  $\square$

*Properties of the related Metropolis method.* We analyze Metropolis Markov chains which are based on the ball walk, introduced above, for some appropriately chosen  $\delta$ . As it will turn out, the related Metropolis chains are *perturbations* of the underlying ball walk, and its properties, as established in Propositions 1 and 2 extend in a natural way.

For  $\varrho \in \mathcal{R}^\alpha(\Omega)$  we define the *acceptance probabilities* as

$$(30) \quad \theta(x, y) := \min \left\{ 1, \frac{\varrho(y)}{\varrho(x)} \right\}.$$

The corresponding Metropolis kernel is given by

$$(31) \quad K_{\varrho, \delta}(x, dy) := \theta(x, y) Q_\delta(x, dy) + (1 - \theta(x, y)) \delta_x(dy).$$

Note that for  $x \notin A$  we obtain

$$K_{\varrho, \delta}(x, A) = \int_A \theta(x, y) Q_\delta(x, dy) = \frac{1}{\text{vol}(\delta B^d)} \int_{A \cap B(x, \delta)} \theta(x, y) dy.$$

For the convenience of the reader we sketch a single step from the present position  $x \in \Omega$  in Figure 3, where the **ball-walk-step** was described in Figure 2. We

**Metropolis-step**  $(x, \varrho, \delta)$   
**Propose:**  $y := \text{ball-walk-step}(x, \delta)$ ;  
**Compare:** **if**  $\varrho(y) \geq \varrho(x)$  **return**  $y$ ;  
                  **elseif**  $\varrho(y) \geq \text{rand}() \cdot \varrho(x)$  **return**  $y$ ;  
                  **else return**  $x$ .

FIGURE 3. Schematic view of a single Metropolis step with kernel  $K_{\varrho, \delta}(x, \cdot)$ . Note that the comparison step results in an acceptance probability of  $\theta(x, y) = \min\{1, \varrho(y)/\varrho(x)\}$ .

start with the following observation.

**Lemma 9.** *Let  $\alpha$  be the Lipschitz constant in  $\mathcal{R}^\alpha(\Omega)$  and  $\beta := \exp(-\alpha\delta)$ . Uniformly for  $\varrho \in \mathcal{R}^\alpha(\Omega)$  the following bound for the related Metropolis chain holds true:*

$$(32) \quad K_{\varrho, \delta}(x, dy) \geq \beta Q_\delta(x, dy).$$

*Proof.* Let  $A \subset \Omega$ . If  $\text{dist}(x, A) > \delta$  then there is nothing to prove. Otherwise, for  $y \in A \cap B(x, \delta)$  we find from (6) and (30) that

$$\theta(x, y) \geq \exp(-\alpha\|x - y\|_2) \geq e^{-\alpha\delta} = \beta.$$

By definition of the transition kernel  $K_{\varrho, \delta}$  from (31) we can use  $\beta$  to bound

$$K_{\varrho, \delta}(x, A) \geq \min\{\theta(x, y), y \in A \cap B(x, \delta)\} Q_\delta(x, A) \geq \beta Q_\delta(x, A).$$

The proof is complete. □

The assertion of Proposition 1 extends to the family of Metropolis chains as follows.

**Proposition 3** (cf. [16, Prop. 1]). *Let  $Q_\delta$  be the ball walk from (20) on  $\Omega$ . For each  $\varrho \in \mathcal{R}^\alpha(\Omega)$  and  $\delta \leq D$  the corresponding Metropolis chains from (31) are uniformly ergodic and reversible with respect to the related  $\mu_\varrho$ .*

*Proof.* Reversibility with respect to  $\mu_\varrho$  is clear by the choice of the function  $\theta$ . To prove uniform ergodicity, let  $\beta$  be from Lemma 9 and  $c$  from (17). Set  $\eta := 1 - \beta^{n_0}c$ . As established in Lemma 9 we have  $K_{\varrho, \delta}(x, dy) \geq \beta Q_\delta(x, dy)$ . It is easy to see, and was established in [16, Proof of Thm. 2], that this extends to all iterates as

$$K_{\varrho, \delta}^n(x, dy) \geq \beta^n Q_\delta^n(x, dy).$$

Recall that under the assumptions made, the ball walk is uniformly ergodic, and from Proposition 1 we obtain  $n_0$  such that for all  $x \in \Omega$  we have

$$(33) \quad K_{\varrho, \delta}^{n_0}(x, A) \geq \beta^{n_0} c \nu(A), \quad A \subset \Omega,$$

proving uniform ergodicity. □

**Remark 5.** Notice that (33) is obtained with right hand side *uniformly* for all  $\varrho \in \mathcal{R}^\alpha(\Omega)$ , a fact which will prove useful later.

Finally we prove lower bounds for the conductance of the Metropolis chains.

**Theorem 4.** Let  $(K_{\varrho,\delta}, \mu_\varrho)$  be the Metropolis chain based on the local ball walk  $(Q_\delta, \mu_\Omega)$  and let  $\varphi(K_{\varrho,\delta}, \mu_\varrho)$  be its conductance, where  $\varrho \in \mathcal{R}^\alpha(\Omega)$ . Let  $l$  be a lower bound for the local conductance of  $Q_\delta$ . For  $\varrho \in \mathcal{R}^\alpha(\Omega)$  we have

$$(34) \quad \varphi(K_{\varrho,\delta}, \mu_\varrho) \geq \frac{le^{-\alpha\delta}}{8} \min \left\{ \sqrt{\frac{\pi}{2}} \frac{l\delta}{D\sqrt{d+1}}, 1 \right\},$$

where  $D$  is the diameter of  $\Omega$ .

**Remark 6.** As mentioned above, Proposition 2 is a special case of Theorem 4 for  $\alpha = 0$ .

The proof of Theorem 4 will be based on Lemma 7 for the underlying ball walk, specifying  $t := l/2$ . This extends to the Metropolis walk as follows.

**Lemma 10.** Let  $\alpha$  from (6) and  $l$  be the local conductance of the ball walk. We let  $\beta := \exp(-\alpha\delta)$ . For  $A \subset \Omega$  we assign

$$(35) \quad T_1 := \left\{ x \in A, \quad K_{\varrho,\delta}(x, A^c) < \frac{\beta l}{4} \right\} \subset A$$

$$(36) \quad T_2 := \left\{ y \in A^c, \quad K_{\varrho,\delta}(y, A) < \frac{\beta l}{4} \right\} \subset A^c.$$

Then  $d(T_1, T_2) > \delta l \sqrt{\pi/(2d+2)}$ .

*Proof.* It is enough to prove  $T_1 \subset A_1$  and  $T_2 \subset A_2$ . If  $x \in T_1$  then Lemma 9 implies  $K_{\varrho,\delta}(x, A^c) < \beta l/4$ , hence

$$Q_\delta(x, A^c) \leq \frac{1}{\beta} K_{\varrho,\delta}(x, A^c) \leq \frac{l}{4}.$$

The other inclusion is proved similarly. □

We turn to the

*Proof of Theorem 4.* Let  $A \subset \Omega$  be the set for which the conductance is attained. We assign sets  $T_1$  and  $T_2$  as in Lemma 10 and distinguish two cases. If  $\mu_\varrho(T_1) < \mu_\varrho(A)/2$  or  $\mu_\varrho(T_2) < \mu_\varrho(A^c)/2$ , then the estimate (34) follows easily. For instance, if  $\mu_\varrho(T_1) < \mu_\varrho(A)/2$  then

$$\begin{aligned} \int_A K_{\varrho,\delta}(x, A^c) \mu_\varrho(dx) &\geq \int_{A \setminus T_1} K_{\varrho,\delta}(x, A^c) \mu_\varrho(dx) \\ &\geq \frac{\beta l}{4} \mu_\varrho(A \setminus T_1) \geq \frac{\beta l}{8} \mu_\varrho(A) \geq \frac{\beta l}{8} \min \{ \mu_\varrho(A), \mu_\varrho(A^c) \}, \end{aligned}$$

thus  $\varphi(K_{\varrho,\delta}, \mu_\varrho) \geq \beta l/8$  in this case, which proves (34).

Otherwise we have  $\mu_\varrho(T_1) \geq \mu_\varrho(A)/2$  and  $\mu_\varrho(T_2) \geq \mu_\varrho(A^c)/2$ . In this case we apply an isoperimetric inequality, see [27, Thm. 4.2] to the triple  $(T_1, T_2, T_3)$  with  $T_3 := \Omega \setminus (T_1 \cup T_2)$  to conclude that

$$(37) \quad \mu_\varrho(T_3) \geq \frac{2d(T_1, T_2)}{D} \min \{ \mu_\varrho(T_1), \mu_\varrho(T_2) \},$$

hence under the size constraints in this case it holds true that

$$(38) \quad \mu_\varrho(T_3) \geq \frac{d(T_1, T_2)}{D} \min \{ \mu_\varrho(A), \mu_\varrho(A^c) \}.$$

Using the reversibility of the Metropolis chain  $(K_{\varrho, \delta}, \mu_\varrho)$  we have

$$\int_A K_{\varrho, \delta}(x, A^c) \mu_\varrho(dx) = \int_{A^c} K_{\varrho, \delta}(y, A) \mu_\varrho(dy),$$

which implies

$$\begin{aligned} \int_A K_{\varrho, \delta}(x, A^c) \mu_\varrho(dx) &= \frac{1}{2} \left( \int_A K_{\varrho, \delta}(x, A^c) \mu_\varrho(dx) + \int_{A^c} K_{\varrho, \delta}(y, A) \mu_\varrho(dy) \right) \\ &\geq \frac{1}{2} \left( \int_{A \cap T_3} K_{\varrho, \delta}(x, A^c) \mu_\varrho(dx) + \int_{A^c \cap T_3} K_{\varrho, \delta}(y, A) \mu_\varrho(dy) \right) \\ &\geq \frac{1}{2} \left( \frac{\beta l}{4} \mu_\varrho(A \cap T_3) + \frac{\beta l}{4} \mu_\varrho(A^c \cap T_3) \right) \\ &= \frac{\beta l}{8} (\mu_\varrho(A \cap T_3) + \mu_\varrho(A^c \cap T_3)) = \frac{\beta l}{8} \mu_\varrho(T_3). \end{aligned}$$

Since by Lemma 10 we can bound  $d(T_1, T_2) \geq \delta l \sqrt{\pi / (2d + 2)}$  we use (38) to complete the proof.  $\square$

If we restrict ourselves to Metropolis chains on  $B^d$ , then Lemma 6 provides a lower bound for the local conductance which is independent of the dimension  $d$ . As a simple consequence of Theorem 4 we then obtain the following

**Corollary 1.** *Assume that  $\varrho \in \mathcal{R}^\alpha(B^d)$  and  $\delta \leq (d + 1)^{-1/2}$ . Then we obtain*

$$\varphi(K_{\varrho, \delta}, \mu_\varrho) \geq \sqrt{\frac{\pi}{2}} \frac{9\delta}{1600\sqrt{d+1}} e^{-\alpha\delta}.$$

To maximize  $\varphi$  we define  $\delta^* = \min \{ 1/\sqrt{d+1}, 1/\alpha \}$  and obtain

$$\varphi(K_{\varrho, \delta^*}, \mu_\varrho) \geq 0.005 \frac{1}{\sqrt{d+1}} \min \left\{ \frac{1}{\sqrt{d+1}}, \frac{1}{\alpha} \right\}.$$

*Error bounds.* For the class  $\mathcal{F}^\alpha(\Omega)$  the above lower conductance bound (34) will yield an error estimate for the problem (2).

Let  $S_n^\delta$  be the estimator based on a sample of the local Metropolis Markov chain with transition  $K_{\varrho, \delta}$ , starting at zero. To estimate its error we combine the estimates of the conductance of  $K_{\varrho, \delta}$  with two results, partially known from the literature. To formulate the results we note the following. The Markov kernel  $K_{\varrho, \delta}$  is reversible with respect to  $\mu_\varrho$  and hence induces a self-adjoint operator

$$K_{\varrho, \delta} : L_2(\Omega, \mu_\varrho) \rightarrow L_2(\Omega, \mu_\varrho).$$

The spectrum  $\sigma(K_{\varrho, \delta})$  is contained in  $[-1, 1]$  and  $1 \in \sigma(K_{\varrho, \delta})$  and we are interested in the second largest eigenvalue

$$\beta_{\varrho, \delta} := \sup \{ \sigma \in \sigma(K_{\varrho, \delta}) \mid \sigma \neq 1 \}$$

of  $K_{\varrho, \delta}$ . This is motivated by the extension of a result from [16, Cor. 1] about the worst case error of  $S_n^\delta$ , uniformly for  $(f, \varrho) \in \mathcal{F}^\alpha(\Omega)$ .

**Lemma 11.**

$$\lim_{n \rightarrow \infty} \sup_{(f, \varrho) \in \mathcal{F}^\alpha(\Omega)} e(S_n^\delta, (f, \varrho))^2 \cdot n = \sup_{\varrho \in \mathcal{R}^\alpha(\Omega)} \frac{1 + \beta_{\varrho, \delta}}{1 - \beta_{\varrho, \delta}}.$$

The proof is given in the appendix. For Markov chains which start according to the invariant distribution  $\mu_\varrho$  the bound is similar, but more explicit and was given in [24] and [14, Thm. 1.9].

The relation of the second largest eigenvalue  $\beta_{\varrho, \delta}$  to the conductance is given in

**Lemma 12** (Cheeger's Inequality, see [10, 13, 14]).

$$\lambda_{\varrho, \delta} := 1 - \beta_{\varrho, \delta} \geq \varphi^2(K_{\varrho, \delta}, \mu_\varrho)/2.$$

We are ready to state our main result for the Metropolis algorithm  $S_n^\delta$ , based on the Markov chain  $K_{\varrho, \delta}$ , for the class  $\mathcal{F}^\alpha(B^d)$ , i.e., when  $\Omega \subset \mathbb{R}^d$  is the Euclidean unit ball.

**Theorem 5.** *Let  $S_n^\delta$  be the estimator based on a sample of the local Metropolis Markov chain with transition  $K_{\varrho, \delta}$ , where  $\delta \leq (d+1)^{-1/2}$ . Then*

$$(39) \quad \lim_{n \rightarrow \infty} \sup_{(f, \varrho) \in \mathcal{F}^\alpha(B^d)} e(S_n^\delta, (f, \varrho))^2 \cdot n \leq \frac{8 \cdot 1600^2}{81\pi} (d+1) \cdot \frac{e^{2\alpha\delta}}{\delta^2}.$$

Again we may choose  $\delta^* = \min \{(d+1)^{-1/2}, \alpha^{-1}\}$  and obtain

$$(40) \quad \lim_{n \rightarrow \infty} \sup_{(f, \varrho) \in \mathcal{F}^\alpha(B^d)} e(S_n^{\delta^*}, (f, \varrho))^2 \cdot n \leq 40482 \cdot (d+1) \max \{d+1, \alpha^2\}.$$

*Proof.* This follows from Corollary 1, and Lemmas 11 and 12. □

## 5. SUMMARY

Let us discuss our findings. The results from Section 3 clearly indicate that the superiority of Metropolis algorithms upon simpler (non-adaptive) Monte Carlo methods does not hold in general. Specifically, it does not hold for the large classes  $\mathcal{F}_C(\Omega)$  of inputs without additional structure.

On the other hand, for the class  $\mathcal{F}^\alpha(B^d)$ , specific Metropolis algorithms that are based on local underlying walks are superior to all non-adaptive methods. Even more, as formula (40) indicates, on  $B^d$  the problem is *tractable* in  $d$  and  $\alpha$ : The cost of the algorithm  $S_n^{\delta^*}$ , roughly given by the number  $n$  of evaluations of  $\varrho$  and  $f$ , increases like a polynomial in  $d$  and  $\alpha$ .

Precisely, according to (40), the asymptotic constant  $\lim_{n \rightarrow \infty} e(S_n^{\delta^*}, \mathcal{F}^\alpha(B^d))^2 \cdot n$  is bounded by a constant times  $\max \{d^2, d\alpha^2\}$ , i.e., the complexity grows polynomially in  $d$  and  $\alpha$  and, for fixed  $d$ , increases (at most) as  $\alpha^2$ . If we only allow non-adaptive methods then this asymptotic constant, again for fixed  $d$ , increases at least as  $\alpha^d$ , see (15). Notice that according to Theorem 5 the size  $\delta^*$  of the underlying balls walk needs to be adjusted both to the spatial dimension  $d$  and the Lipschitz constant  $\alpha$ .

The analysis of the Metropolis algorithm is based on properties of the underlying ball walk; in particular we establish uniform ergodicity of the ball walk for convex

bodies  $\Omega \subset \mathbb{R}^d$ . Also, based on conductance arguments, we provide lower bounds for the spectral gap of the ball walk. As a consequence, in the case  $\alpha = 0$  the estimate (39) provides an error bound for the ball walk  $(Q_\delta, \mu)$ , which is asymptotically of the form  $e(S_n^\delta, L_2(B^d, \mu)) \leq C\delta^{-1}(d/n)^{1/2}$ .

The results extend in a similar way to any family  $\Omega_d \subset \mathbb{R}^d$  for which the underlying local ball walk  $Q_\delta$  has (for  $\delta \leq \delta_d$ ) a non-trivial lower bound for the local conductance that is independent of the dimension.

Finally, from the results of Section 3 we can conclude that adaption does not help much for the classes  $\mathcal{F}_C(\Omega)$ . Hence we have new results concerning the *power of adaption*, see [20] for a survey of earlier results, in particular that it may help to break the *curse of dimensionality* for the classes  $\mathcal{F}^\alpha(B^d)$ .

## APPENDIX A. PROOF OF LEMMA 11

Lemma 11 extends the bound from [16, Thm. 1], which deals with a single uniformly ergodic chain. It was obtained from on a contraction property, as stated in [16, Prop. 1]. The goal of the present analysis is to establish this asymptotic result *uniformly* for all Metropolis chains with density from  $\mathcal{R}^\alpha(\Omega)$ , by showing that this contractivity holds true uniformly.

**Contractivity of the Markov operator.** We assign to each transition kernel  $K$  on  $\Omega$  with corresponding invariant distribution  $\mu$  the bounded linear mapping  $P$ , given by

$$(41) \quad (Pf)(x) := \int f(y)K(x, dy).$$

Also we let  $E$  denote the mapping which assigns any integrable function its expectation as a constant function  $E(f) := \int_\Omega f(x) \mu(dx)$ . For each  $K$  the mapping  $P - E$  is bounded in  $L_\infty(\Omega, \mu)$ , with norm less than or equal to one and we shall strengthen this uniformly for kernels  $K_{\varrho, \delta}$  with  $\varrho \in \mathcal{R}^\alpha(\Omega)$ . Within this operator context *uniform ergodicity* is equivalent to a specific form of quasi-compactness, namely there are  $0 < \eta < 1$  and  $n_0 \in \mathbb{N}$  for which

$$(42) \quad \|P^n - E: L_\infty(\Omega) \rightarrow L_\infty(\Omega)\| \leq \eta, \text{ for } n \geq n_0.$$

We first show that reversibility allows to transfer this to the spaces  $L_1(\Omega, \mu_\varrho)$ .

**Lemma 13.** *Suppose that the transition kernel  $K$  with corresponding mapping  $P$  is reversible. Then for all  $n \in \mathbb{N}$  we have*

$$(43) \quad \|P^n - E: L_1(\Omega, \mu) \rightarrow L_1(\Omega, \mu)\| \leq \|P^n - E: L_\infty(\Omega, \mu) \rightarrow L_\infty(\Omega, \mu)\|.$$

*Proof.* If  $K$  is reversible, then so are all iterates  $K^n$ . Thus for arbitrary functions  $f \in L_1(\Omega, \mu)$  and  $h \in L_\infty(\Omega, \mu)$  we have, using the scalar product on  $L_2(\Omega, \mu)$ , that

$$\langle (P^n - E)f, h \rangle = \langle f, (P^n - E)h \rangle.$$

Consequently, for any  $f \in L_1(\Omega, \mu)$  we have

$$\begin{aligned} \|(P^n - E)f\|_1 &= \sup_{\|h\|_\infty \leq 1} |\langle (P^n - E)f, h \rangle| = \sup_{\|h\|_\infty \leq 1} |\langle f, (P^n - E)h \rangle| \\ &\leq \|f\|_1 \sup_{\|h\|_\infty \leq 1} \|(P^n - E)h\|_\infty, \end{aligned}$$

from which the proof can be completed.  $\square$

**Proposition 4.** *For any convex body  $\Omega \subset \mathbb{R}^d$  there are an integer  $n_0$  and a constant  $0 < \eta < 1$  such that uniformly for  $\varrho \in \mathcal{R}^\alpha(\Omega)$  we have*

$$(44) \quad \|P_{\varrho, \delta}^{n_0} - E: L_1(\Omega, \mu_\varrho) \rightarrow L_1(\Omega, \mu_\varrho)\| \leq \eta.$$

*Proof.* This is an immediate consequence of the bound (33). As mentioned in Remark 5 uniform ergodicity was established uniformly for  $\varrho \in \mathcal{R}^\alpha(\Omega)$ . It is well known (see [17, Thm. 16.2.4]) that this implies that there is an  $\eta < 1$  such that uniformly for  $\varrho \in \mathcal{R}^\alpha(\Omega)$  we have

$$(45) \quad \|P_{\varrho, \delta}^{n_0} - E: L_\infty(\Omega) \rightarrow L_\infty(\Omega)\| \leq \eta, \text{ for } n \geq n_0.$$

In the light of Lemma 13 this yields (44).  $\square$

Finally we sketch the

*Proof of Lemma 11.* Using Proposition 4 we can extend the proof of [16, Thm. 1]. In particular, the bounds from Eq. (13)–(15) in [16] tend to zero uniformly for  $\varrho \in \mathcal{R}^\alpha(\Omega)$ . Moreover, starting at zero, after one step according to the underlying ball walk, the (new) initial distribution is uniformly bounded with respect to the uniform distribution on  $\Omega$ , hence also with respect to  $\mu_\varrho$ , such that we establish the asymptotics in Lemma 11.  $\square$

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